



Improved Assistance & Quality of Sleep

We are installing an additional safety system that will ensure our residents receive immediate assistance when alone in their rooms.

This product will be used along with the call bell system as an extra safety measure for residents. It comprises a small monitoring unit, installed in each resident's room, to alert staff to such things as when residents call for help, are awake and active, or unusually restless and uncomfortable.

With your permission, the additional benefit of this extra safety system is that we can choose to safely extend the time between regular checks, thereby disturbing and waking up residents less frequently.

This new system is proven to:

- **Reduce the likelihood of falls:** Night-time incidents like falls often happen in-between regular checks. Alerting staff when residents call for assistance (for such thing as the toilet) or when they are restless can enable staff to assist before these incidents occur.
- **Help identify changes in condition:** Alerts for discomfort issues like coughing fits can help identify chest problems.
- **Ensure assistance when call bells are not used:** Residents often can't reach the nurse call system or may choose not to. This system can alert staff to calls for help, crying or sounds of pain. Staff can, therefore, be alerted to incidents like falls immediately.
- **Improved quality of sleep & daytime wellbeing:** Staff can check when required rather than disturbing sleeping residents, helping to give them better days. disturbing sleeping residents, helping to give them better days.

Frequently Asked Questions:

Who provides the system?

Ally Labs Limited has developed and manufactures the system in conjunction with many care providers and has the backing of NHS England & University College London.

How does it work?

The system measures the normal level of sound and motion when the residents are asleep alerting staff when residents have made extraordinary sound/movement. This may be getting out of bed for the toilet/falling/heaving coughing etc.

How will staff be alerted?

Staff will be alerted via the Ally Labs app on their work computers, smartphones or tablets.





Can residents still use the call bell system and / or pressure mats?

YES, this product is in addition to the call bell system. We are putting the products in so there is ADDITIONAL SAFETY for residents if the call bell can't be used.

Will staff still do regular night-time checks?

YES. For residents that have regular visits as part of their care plan, these will not be changed.

Instead, after the first week of use, they will be extended appropriately, based on each resident's care needs & sleep patterns e.g. if a resident sleeps well this may be extended from 2 to 4 hours.

This will mean that:

1. If residents are often disturbed by regular visits, they will be woken up less.
2. Residents will always have a 'safety net' check in the instance when they have been sleeping peacefully for a long time.

Will the staff still carry out the routine pad and turning checks?

YES, they will continue if they are part of the resident's care plan.

When will staff use the system?

Staff will turn the system on when residents are alone in their room.

Will staff still record their care interactions in the care plan?

YES, the staff will still need to do this. This system only alerts to issues.

Can residents now have their door closed so they are disturbed less?

YES, in fact, it is recommended that doors are closed to keep disturbance to a minimum.

Use of audio

For each alert, staff will be able to listen to the audio that caused the alert. Audio allows staff to make an informed decision on if a physical visit is required, which would disturb the resident. Audio clips are only accessible to staff when reacting to the alert.

What personal data is collected and stored?

The resident's name and room number will be entered into the Ally Labs system so staff can identify them. The audio of the resident in the room is only collected when staff turns the system on during the night (or day) and when unusual sound and motion are detected; the clips are only able to be played back immediately after an alert is generated. Staff cannot listen in live.

For legal & compliance reasons, the clips are stored for 3 months, then deleted automatically. They can only be accessed by staff upon special request to Ally Labs. Please see Ally Labs privacy policy for more details: <https://ally.is/privacy/product-privacy-policy>.